

Summer is here! I am excited to once again announce the dates for the 2017 swimming lessons! We will be offering three sessions of group lessons throughout the summer. They will run Monday-Thursday for two weeks. We will use Fridays as a make up day if needed. Cancellations will be posted on the George Swimming Pool Facebook page, and will also be posted at the swimming pool. I have provided a chart as a guideline for assigning your child to the most correct level.

We will be using a new technology service 'Remind' to relay any cancellations or changes in schedule for swimming lessons this year. Please text "@georgesw" to 81010 to join the group and to receive all updates relative to the George Pool this summer!

As usual, there will be transportation provided by the George-Little Rock School District from Little Rock to George during the first session only. Please indicate below if your child intends on using this transportation.

Review the chart below for class length and suggested skill level. Detach the lower portion and drop it off at the George Swimming Pool or George City Office. You may also relay the information to me via call, text, or email if it is more convenient for you. Please do not hesitate to contact me if you have any questions!

****The fee for group lessons will be \$35, which is due on the first day of lessons.**

Thank you!

Taylor Carstensen

Pool Manager

712-348-1367

GeorgePoolManager@gmail.com

All classes will be scheduled to start between 10:00 AM and 11:30 AM. Specific start times are listed below and will also be posted at the pool as well as on our Facebook page.

<u>Preschool Level 11:30AM</u> 30 minutes Suggested ages 4-5 <ul style="list-style-type: none"> • Bubbles • Front and back float • Enter and exit water **all skills performed with support	<u>Level 1 11:30 AM</u> 30 minutes <ul style="list-style-type: none"> • Fully submerge face in water • Front and back float with support • Kicking on front and back with support • Enter and exit the water independently 	<u>Level 2 11:00AM</u> 30 minutes <ul style="list-style-type: none"> • Float on front and back unsupported for 5 seconds • Swim on front 5 yards without assistance • Swim on back 5 yards without assistance • Retrieve objects under water in chest deep water 	
<u>Level 3 11:00AM</u> 30 minutes <ul style="list-style-type: none"> • Front crawl 10 yards • Back crawl 10 yards • Jump into deep water • Bobs in water over child's head 	<u>Level 4 10:00AM</u> 45 minutes <ul style="list-style-type: none"> • Deep water bobs • Standing dive • Elementary backstroke 10 yards • Front and back crawl 25 yards 	<u>Level 5 10:00AM</u> 45 minutes <ul style="list-style-type: none"> • Front and back crawl 50 yards • Breast stroke 25 yards • Elementary backstroke 25 yards 	<u>Level 6 10:00AM</u> 45 minutes <ul style="list-style-type: none"> • Swim continuously for 500 yards • Tread water 5 minutes

Name _____

Level _____

Little Rock Shuttle Service? (circle one) Yes No

Age _____ Phone Number _____

Session (circle one)

June 19th – June 30th

July 10th – 21st

July 31st – Aug 11th